

Period of Stay Guidelines

Principles

- To safeguard the health and safety of the athletes and officials while ensuring the hosting of the Olympic Games these Period of Stay Guidelines have been established to reduce the peak occupancy in the Olympic Village and provide increased space and service levels to athletes while operating under COVID-19 countermeasures.
- Athletes and sport specific team officials should arrive five (5) days prior to the start of their discipline/sport in all Villages and Tokyo 2020 provided sport accommodations.
 - Training in Tokyo 2020 venues will only be available five (5) days prior to the start of each discipline/sport unless noted on Appendix A.
 - Participants may arrive one day earlier (travel day) than training starts to ensure 5 full training days.
 - Participants arriving from time zones of 6+ hour time difference may request an additional acclimatization day. There will be no additional exceptions for time zone or acclimatization.
 - Athletes and sport specific team officials without an approved exception, who arrive more than 5 to 7 days prior to the start of their discipline/sport will be denied entry into the Village unless exceptions have been granted.
- NOC administration officials, medical staff and Chefs de Mission may arrive as soon as the Olympic Village opens to complete their DRMs and prepare for the arrival of their delegation. Clarifications by accreditation function are available in Appendix B.
- Athletes and sport specific team officials must depart no more than 48 hours after the completion of their competition or when they are eliminated (whichever is sooner). Olympic Identity and Accreditation Card (OIAC) of participants will be deactivated 48 hours after elimination if they are found to be in violation of the Period of Stay Guidelines.
- Athletes residing in Satellite Villages (OCV/OSV) and Sport Accommodations are not allowed to reside or visit the Olympic Village – Harumi, Tokyo in order to minimize any cross contamination risks except transportation and residing to the village due to competition schedule reason.
- Training venues will be open five (5) days prior to the start of the competition.
- Ceremony exceptions may be granted for:
 - Opening Ceremony flagbearers. Flagbearers may arrive up to 48 hours prior to the Opening Ceremony. There will be no changes to the training dates.
 - Closing Ceremony flagbearer may request a departure exception.
- Further exception may be granted for extenuating flight limitations.
- NOCs may request a departure exception for an eliminated athlete who will act as a training partner for one of their teammates as highlighted in Appendix A.
- Discipline/Sport specific exceptions highlighted in Appendix A.
- Exception request process is available on Appendix C.

FAQs

Team Officials

Q: Are sport specific team officials bound by Period of Stay guidelines?

A: Yes, Sport specific team officials should arrive at the earliest with the first athlete arrival of their sport and depart at the latest with the last departing athlete of their sport.

Q: Are NOC Team Officials (Ao) obliged to leave or can they stay to support the NOC?

A: Sport specific team officials should arrive/depart per the answer above. General or multi-sport team officials (medical, administrative, logistics, strength & conditioning, etc) may remain to support other athletes.

Q: What is the policy and guidelines for ATOs?

A: Additional Team Officials (ATOs) follow the same guidelines as Primary Team Officials. Their arrival/departure pattern is dependent on their role (Sport specific or general).

Exceptions

Q: What is the maximum number of days allowed for exceptions in arrivals and departures?

A: The maximum number of days is seven (7) to control the peak occupancy in the Olympic Village, guarantee that services are not over-whelmed while operating under the COVID-19 countermeasures, and to safeguard the health and safety of the athletes and officials while ensuring the hosting of the Olympic Games can go forward as planned. Equestrian and Sailing have been granted exceptions detailed in Appendix A.

Q: What is the 48 hours exception application and approval process for Sports with knock-out rounds?

A: It is the NOCs responsibility to ensure flexible flight tickets for athletes competing in knock-out format sports to comply with the Period of Stay Guidelines. Athletes and team officials who do not depart the Village within 48 hours of elimination will have their Accreditations deactivated. Inability to change flight tickets are not considered for exception.

Q: If an athlete or official has spent more than 14 days in Japan and passed the 'quarantine' period, are they exempt of the 48 hour departure rule?

A: No, the Period of Stay is designed to reduce the Village population to facilitate social distancing measures. They may stay in Japan but must leave the Village.

Logistics

Q: Will the entry of shooting weapons into Japan be limited to the period where the Athletes may be accommodated in the Village?

A: The support and services of Tokyo 2020 will be limited to the period where the Athletes may be accommodated in the Village. The NOC must seek support for the local government who hosts the pre-Games training camp in case the Athlete intends to enter Japan before the period where the Athletes may be accommodated in the Village. Please note that there are legal restrictions in various aspects of firearms and ammunition in Japan.

Village/Accommodation Dates

Q: Will the pre-opening and opening of the Olympic or Satellite Villages be changed?

A: Currently there are no plans to change the opening period of the Olympic Village or Satellite Villages. This is to allow NOC staff to prepare the allotment for the athletes' arrival.

Q: Will Cycling Road, Football and Marathon/Race Walk accommodations follow the same principles of Period of Stay?

A: Yes, currently the sport specific accommodations will open with athletes arrival up to seven days prior and training venues open five days prior (unless specified by sport).

External Accommodation

Q: Are Team officials and athletes residing outside the Villages and sport specific accommodation bound by the Period of Stay Guidelines?

A: No. When staying in external accommodation delegates may arrive as early or depart as late as needed, however, they must move-in/out of the Village within the guideline days.

Q: Is it possible to stay outside the Olympic village (external accommodation) but train in the venues more than five days prior to the first competitions?

A: No, training venues will open five days prior to the start of the first competition, unless noted in Appendix A.

Ceremonies

Q: If the medal ceremony is on a different day to the end of competition is departure time based on the end of the competition or the medal ceremony?

A: If the medal ceremony is on a different day to the end of competition departure should be up to 24 hours after the medal ceremony or 48 hours after the end of competition.

Q: Is the Opening Ceremony day within the 5 training days?

A: Yes.

Appendix A:

Sport/Discipline	Exception note
Athletics Road Events (Race walk/Marathon)	For Period of Stay, Marathon and Race Walk are considered as different disciplines to Track & Field athletics events. Training venue in Sapporo is only available from 31 July, 2021. Accommodation dates are being reviewed to match Period of Stay Guidelines *To reduce the occupancy of the Olympic Village in Tokyo, Marathon and Race Walk athletes and team officials are asked to travel directly to/from Sapporo from/to their home countries or PGTCs. There will be no dedicated transport from Tokyo 2020 except for medal winners and one accompanying official.
Cycling – Mountain Bike	As per the original training plan, competition venue training for Mountain Bike is only available 3 days prior to start of competition. (23 July 2021) while athletes may arrive at the OCV 5 days prior to competition plus travel and acclimatization days.
Equestrian	Athletes and Equestrian specific officials (Coaches, Grooms, Vets) may arrive/depart in line with the flights of their horses.
Sailing	Sailing athletes and team officials may arrive at the Olympic Sailing Village (OSV) on 13 July while official training will start on 14 July.
Shooting	Shooting Rifle, Pistol and Shotgun will be considered same discipline and will utilize the earliest competition date (24 July) to calculate Period of Stay. NOCs are encouraged to space out athlete arrivals based on individual event dates to ensure smooth customs transitions upon arrival in Japan.
Swimming	Marathon Swimming (competition start on 4 August) is considered a different discipline to Swimming (competition start on 24 July), and Period of Stay rules will apply accordingly
Badminton Boxing Fencing Judo Karate Table Tennis Taekwondo Tennis Wrestling	Athletes who have finished or been eliminated from competition may stay up to 48 hours after the elimination of the last remaining athlete of their NOC in the discipline to act as Training Partners.

Sport	Discipline	Earliest arrival	Training start	Competition start	Competition end	Latest departures*
Aquatics	Swimming	17-Jul	19-Jul	24-Jul	1-Aug	3-Aug
Aquatics	Marathon Swimming	28-Jul	30-Jul	4-Aug	5-Aug	7-Aug
Aquatics	Diving	18-Jul	20-Jul	25-Jul	7-Aug	9-Aug
Aquatics	Water Polo	17-Jul	19-Jul	24-Jul	8-Aug	10-Aug
Aquatics	Artistic Swimming	26-Jul	28-Jul	2-Aug	7-Aug	9-Aug
Archery		16-Jul	18-Jul	23-Jul	31-Jul	2-Aug
Athletics	Track & Field	23-Jul	25-Jul	30-Jul	7-Aug	9-Aug
Athletics	Road Events	29-Jul	31-Jul	5-Aug	8-Aug	10-Aug

Sport	Discipline	Earliest arrival	Training start	Competition start	Competition end	Latest departures*
Badminton		17-Jul	19-Jul	24-Jul	2-Aug	4-Aug
Baseball		21-Jul	23-Jul	28-Jul	7-Aug	9-Aug**
Basketball	3x3	17-Jul	19-Jul	24-Jul	28-Jul	30-Jul**
Basketball	Basketball	18-Jul	20-Jul	25-Jul	8-Aug	10-Aug
Boxing		17-Jul	19-Jul	24-Jul	8-Aug	10-Aug
Canoe	Sprint	26-Jul	28-Jul	2-Aug	7-Aug	9-Aug**
Canoe	Slalom	18-Jul	20-Jul	25-Jul	30-Jul	1-Aug**
Cycling	BMX Freestyle	24-Jul	26-Jul	31-Jul	1-Aug	3-Aug**
Cycling	BMX Racing	22-Jul	24-Jul	29-Jul	30-Jul	1-Aug
Cycling	Road	17-Jul	19-Jul	24-Jul	28-Jul	30-Jul
Cycling	Mountain Bike	19-Jul	23-Jul	26-Jul	27-Jul	29-Jul
Cycling	Track	26-Jul	28-Jul	2-Aug	8-Aug	10-Aug
Equestrian	Dressage	In line with horse arrivals		24-Jul	28-Jul	In line with horse departures
Equestrian	Jumping			3-Aug	7-Aug	
Equestrian	Eventing			30-Jul	2-Aug	
Fencing		17-Jul	19-Jul	24-Jul	1-Aug	3-Aug
Football		14-Jul	16-Jul	21-Jul	7-Aug	10-Aug
Golf		22-Jul	24-Jul	29-Jul	7-Aug	9-Aug
Gymnastics	Artistic	17-Jul	19-Jul	24-Jul	3-Aug	5-Aug
Gymnastics	Rhythmic	30-Jul	1-Aug	6-Aug	8-Aug	10-Aug
Gymnastics	Trampoline	23-Jul	25-Jul	30-Jul	31-Jul	2-Aug
Handball		17-Jul	19-Jul	24-Jul	8-Aug	10-Aug
Hockey		17-Jul	19-Jul	24-Jul	6-Aug	8-Aug
Judo		17-Jul	19-Jul	24-Jul	31-Jul	2-Aug
Karate		29-Jul	31-Jul	5-Aug	7-Aug	9-Aug
Modern Pentathlon		29-Jul	31-Jul	5-Aug	7-Aug	9-Aug
Rowing		16-Jul	18-Jul	23-Jul	30-Jul	1-Aug**
Rugby		19-Jul	21-Jul	26-Jul	31-Jul	2-Aug
Sailing		13-Jul	14-Jul	25-Jul	4-Aug	6-Aug**
Shooting		17-Jul	19-Jul	24-Jul	2-Aug	4-Aug**
Skateboarding	Street	18-Jul	20-Jul	25-Jul	26-Jul	28-Jul**
Skateboarding	Park	28-Jul	30-Jul	4-Aug	5-Aug	7-Aug**
Softball		14-Jul	16-Jul	21-Jul	27-Jul	29-Jul**
Sport Climbing		27-Jul	29-Jul	3-Aug	6-Aug	8-Aug**
Surfing		18-Jul	20-Jul	25-Jul	1-Aug	3-Aug**
Table Tennis		17-Jul	19-Jul	24-Jul	6-Aug	8-Aug
Taekwondo		17-Jul	19-Jul	24-Jul	27-Jul	29-Jul
Tennis		17-Jul	19-Jul	24-Jul	1-Aug	3-Aug**
Triathlon		19-Jul	21-Jul	26-Jul	31-Jul	2-Aug**
Volleyball	Volleyball	17-Jul	19-Jul	24-Jul	8-Aug	10-Aug
Volleyball	Beach Volleyball	17-Jul	19-Jul	24-Jul	7-Aug	9-Aug
Weightlifting		17-Jul	19-Jul	24-Jul	4-Aug	6-Aug
Wrestling		25-Jul	27-Jul	1-Aug	7-Aug	9-Aug

*Athletes and Team Officials must depart earlier if the athlete/team is eliminated prior to the last day of competition.

** If reserve days are utilized the departure dates will adjust accordingly.

Appendix B:

Category	Village Arrival	Village Departure
Ac Ao (ALL) Ao (Administrative, Medical staff) NOC (VIL Admin)	As needed after DRM completion.	With their last athletes or up to 24 hours after their last athlete departure.
Ao (1 sport; Coach, Team Leader)	Up to 5 days before start of discipline/sport competition, with exception up to 7 days	Up to 48 hours after the end of competition or elimination of their last athlete in the sport.
Aa Ap	Up to 5 days before start of discipline/sport competition, with exception up to 7 days	Up to 48 hours after end of sport/discipline or elimination from competition.

Appendix C:

Exception request process

- All arrival and planned departure exceptions requests are due to NOC Relations by 14 May, 2021. Ad hoc departure exceptions may be applied for during Games Time.
- Exception requests are divided into two categories. Ordinary exception and Extraordinary exception.
 - o Ordinary exception:
 - Requests for 1-2 travel/acclimatization days in the Olympic Village. (6-7 days prior to start of competition).
 - Requests for athletes of the same discipline to remain as training partners.
 - Tokyo 2020 NCS will respond to Ordinary Exception Requests within 48 hours of application.
 - o Extraordinary exception
 - Any other request type not covered by ordinary exception is considered an Extraordinary Exception.
 - Extraordinary exception will NOT be granted for additional acclimatization or time difference reasons.
 - Limited to 2 athletes and 1 coach each per NOC for Opening Ceremony flag bearers.
 - Limited to 1 athlete and 1 coach per NOC for Closing ceremony flag bearer.
 - Requests based on flight availability must include proof that no other flight routes are available.
 - Tokyo 2020 NCS aim to respond to Extraordinary Exception requests no longer than 5 days after application.